

Mental Health/Depression/ Alcohol Problems

AA-Groups/check the local "Shopper" for dates and times of meetings.
 Arbor Place 715-235-4537
 Check your local telephone directory under "Counseling Services"
 Kinnic Falls Alcohol - Drug Abuse Services 715-426-5950
 Pierce County Department of Human Services 715-273-6770
 Wisconsin Council on Problem Gambling 800-426-2535

Senior Centers and Organizations

Senior Centers

Ellsworth Senior Center
 312 W. Main/Ellsworth, WI 715-273-5873
 Bay City Senior Center
 W6391 Main St./Village Hall/Bay City, WI 715-594-3639
 Elmwood Senior Center
 305 Winter Ave., Elmwood, WI 715-639-3792
 Maiden Rock Senior Center
 N618 County Rd. S., Maiden Rock, WI 715-448-4844
 Plum City Senior Center
 505 Main St./Plum City, WI 715-647-2375
 Prescott Senior Center
 1531 James St./Watertower Apt. Bldg./Prescott, WI..... 715-262-5195
 River Falls Senior Center
 119 Union St./River Falls, WI 715-425-9932
 Sneakers, Spring Valley Senior Center
 S119 McKay St./Spring Valley, WI 715-778-4200

Senior Citizen Organizations

Gathering Place, Prescott..... 715-262-2383 ext 3005
 National Association of
 Retired Federal Employees (NARFE) 800-456-8410
 River Falls Area Retired Educators Association
 (Roger Hulne) 715-603-5082

Transportation

Disabled Parking Permits for Individuals

Ask your doctor for application

55-Alive Defensive Driving Course

ADRC of Pierce County (for information) 715-273-6780
 E-mail: www.aarp.org/55alive or call 888-227-7669

Medical Non-Emergency

ADRC of Pierce County Volunteer Drivers 715-273-6780
 FDS Enterprises - Hudson, WI 800-392-8294
 Handi-Lift Cumberland, WI 800-989-7433
 Kilimanjaro Transportation. 715-338-9840
 MTM 866-907-1493
 New Freedom Transportation 800-228-3287
 Red Wing Mobility..... 651-388-9215
 River Falls Shared Ride Taxi Service 715-425-7878
 Veterans Service Office
 (To VA Hospital/Clinic) 715-273-6753

Vision Impairment

Books/Newspapers on Tape (Talking Books)

American Foundation for the Blind 800-232-5463
 Center for Independent Living
 (Voice & TTY) 800-228-3287 or 715-233-1070
 Center for the Blind & Visually Impaired 608-758-6100
 Eau Claire Blind & Visually Impaired Office 715-836-6772
 Ellsworth Public Library 715-273-3209
 Elmwood Public Library 715-639-2615
 Eye Care America Program 877-887-6327
 Lighthouse National Center
 for Vision & Aging 800-334-5497
 Office for the Deaf & Hard of Hearing (ODHH) 855-359-5252
 Plum City Public Library 715-647-2373
 Prescott Public Library 715-262-5555
 Regional Library for the Blind
 & Physically Handicapped 800-242-8822

Spring Valley Public Library 715-778-4590
 Wisconsin Council of the Blind 800-783-5213

Chiropractors

Horizon Chiropractic - River Falls, WI 715-426-4774
 Iehl Chiropractic - River Falls, WI 715-425-9091
 Kinni Valley Chiropractic - River Falls 715-425-6100

Dental Services

Affordable DenturesEau Claire, WI: 715-502-2784
 Rochester, MN: 507-299-0658
 Dr. Paul Congdon - Hudson, WI - Accepts MA 715-386-3675
 Dental Associates of St. Paul - St. Paul, MN 651-735-0595
 Family Health Center - Menomonie, WI..... 715-233-6800

Neighboring County Offices on Aging

ADRC of Barron County 715-537-6225
 ADRC of Buffalo County 608-685-6336
 ADRC of Chippewa County 715-726-7777
 ADRC of Dunn County 715-232-4006
 ADRC of Eau Claire County 715-839-4735
 ADRC of Pepin County 715-672-8945
 ADRC of St. Croix County 715-381-4360
 Polk County Office on Aging 715-485-8599

800 Information Numbers

AARP 800-523-5800
 ALS, Wisconsin Chapter (no 800 number) 414-763-2220
 American Cancer Society 800-227-2345
 American Diabetes Association (National) 800-232-3472
 American Diabetes Association (Local-Edina) 888-342-2383
 American Parkinson's Disease Association 800-223-2732
 Arthritis Foundation 800-283-7800
 National Cancer Institute 800-422-6237
 Hoveround 800-460-3270
 Living Bank-Organ Donations (www.livingbank.org) 800-528-2971
 Medicare (general information) 800-633-4227
 Medigap Helpline 800-242-1060
 National MS Society 800-344-4867
 National Kidney Foundation 800-622-9010
 Pierce County Public Health (including flu shots, foot care clinics and
 mammograms for low income women under 65) 800-273-6755
 Smoking Cessation-Call the Wisconsin Tobacco
 Quit Line for Local Programming 877-270-7867
 WestCap 800-606-9227
 WI Council on Problem Gambling 800-426-2535
 WI Dept. of Tourism 800-372-2737
 Winter Roads 511
 Veterans Assistance Foundation Inc 800-773-0387

Adults With Disabilities

Day/Employment Services for Adults with Disabilities

BRIDGE For Community Life, Hudson 715-381-8230
 ProAct, Red Wing..... 888-388-7108
 ProAct, Hudson 715-410-4216
 Have A Heart, River Falls..... 715-425-7754

Respite Services

Have A Heart, River Falls..... 715-425-7754

Adult Family Homes & CBRF'S

Aurora Services 888-212-8745
 Brotoloc Healthcare 715-273-5060
 Encourage Adult Family Home..... 612-702-1811
 REM Wisconsin..... 715-426-1360
 Have A Heart 715-425-7754

Additional copies of this Resource Guide are available if you would like them for yourself or others. If you have any questions or would like clarification on any of the information presented on the list, please call the ADRC of Pierce County at (715) 273-6780.



The ADRC of Pierce County is pleased to provide households in Pierce County with this Resource Guide. The information provided is thorough but may not be all-inclusive. The ADRC cannot recommend any particular service, but the list includes resources currently available.

If you need information or financial help with respite care, chore service, personal care, lifeline service, small home modifications, adaptive aids, home delivered meals or whatever will help ease the burden of caregiving, call the ADRC of Pierce County at 715-273-6780 or Toll Free at 877-273-0804.

General Information For Seniors

Information and/or Assistance to Appropriate Services

ADRC of Pierce County 715-273-6780
 Tele Typewriter (TTY) 715-273-5051 for hearing impaired
 or Toll Free 877-273-0804

Elder Care Locator 800-677-1116
 Senior Citizen Monthly Newsletter 715-273-6780
 (Mailed to homes for a donation)

Elder Abuse (financial, physical, emotional, material, neglect)

ADRC of Pierce County 715-273-6780
 Turning Point 800-345-5104 or 715-425-6751

Legislative Information

Legislative Hotline 800-362-9472
 Tony Evers (Governor) 608-266-1212
 Tammy Baldwin(D) (U.S. Senator) Eau Claire Office 715-832-8424
 Rob Johnson (R) (U.S. Senator)..... 202-224-5323
 Patty Schachtner (10th District State Senator) 608-266-7745
 Ron Kind (3rd District U.S. Congressman) 715-831-9214
 Rob Stafsholt (29th District Assembly) 608-266-7683
 Shannon Zimmerman (30th District Assembly) 888-529-0030
 Jodi Emerson (91st District Assembly) 888-534-0091
 Warren Petryk (93rd District Assembly) 888-534-0093
 Jeff Smith (31st District State Senator) 877-763-6636

Alzheimer's, Confusion and Memory Loss

Alzheimer's, Information and Support Groups

Alzheimer's Disease Education
 and Referral Center 800-438-4380
 ADRC of Pierce County 715-273-6780
 Wisconsin Alzheimer's Association 800-272-3900
 Alzheimer's Support Group - River Falls, WI
 (2nd Friday at 9:30) 715-381-4366

Day Care and Overnight Respite Care

Among Friends, River Falls, WI..... (715) 293-2561
 Atrium Post Acute Care of Ellsworth
 (Respite Only) - Ellsworth, WI 715-273-5821
 Day Away Club - Hudson, WI - Woodville, WI 800-372-2333
 Grace HealthCare of River Falls (Formerly: Kinnic Long Term Care)
 (Overnight Respite) - River Falls, WI 715-426-6000
 Heritage of Elmwood - Elmwood, WI 715-639-2911
 Our House - River Falls, WI 715-426-0151
 Plum City Care Center - Plum City, WI 715-647-2401
 Prescott Nursing & Rehab Community
 (Overnight Respite & Day Care) - Prescott, WI 715-262-5661
 Spring Valley Senior Living and Health Care Campus -
 Spring Valley, WI 715-778-5545

RESOURCE ISSUE

RESOURCES FOR SENIORS,
 FAMILIES, AND CAREGIVERS
 IN PIERCE COUNTY

2019-2020

Memory Clinics (For Diagnosis of Alzheimer's and Other Dementias)

Family Medicine Clinic, Eau Claire, WI 715-839-5175
 Marshfield Clinic Neurosciences 800-699-3377
 Memory Care - River Falls, WI 800-372-2333

Special Dementia Care Living Facilities

Comforts of Home, memory care - River Falls, WI 715-425-1530
 Hudson, WI 715-377-0660
 RCAC - River Falls, WI 715-426-4924
 Hammond American Heritage Care Center - Hammond, WI 715-796-2218
 Seminary Home - Red Wing, MN 651-385-3434

Caregiver/Support Groups

HealthPartners Center for Memory and Aging -
 Minneapolis, MN 651-254-7000
 National Multiple Sclerosis Society, Upper Midwest Chapter 612-335-7900
 Memory Care - River Falls, WI (Dementia) 800-372-2333
 Red Wing Area Seniors 651-327-2255
 River Falls Breast Cancer Support Group 715-307-6440
 St. Croix Valley National Association of Mental Illness..... 715-307-1921

Employment

Department of Vocational Rehabilitation 800-622-1771
 Riverfront Inc., LaCrosse 608-784-9450
 Workforce Connections 608-789-5606
 Workforce Resource St. Croix Valley
 (Must be low income and age 55+) 866-207-2612

Exercise, Fitness and Health

Exercise and Fitness

Curves for Women - River Falls, WI 715-425-2242
 Country Fit - Ellsworth 715-307-2189
 Prescott Sr. Center/Watertower Apts
 9:30 a.m. every M,W,F 715-262-5195
 River Falls Area Hospital -
 Wellness & Fitness Center 715-307-6060
 Snap Fitness Center - Ellsworth, WI 715-273-3734
 Snap Fitness Center - Prescott, WI 715-262-5003

Financial/Legal/Advocacy

Online Advice

WI Legal Advice www.wilegaladvice.org

Complaints/Investigation

Benefit Specialist/ADRC of Pierce County 715-273-6780
 Coalition of Wisconsin Aging Groups (CWAG) 608-224-0606
 Consumer Product Safety Commission 800-638-2772
 Consumer Protection 800-422-7128
 Disability Rights WI 877-338-3724
 Landlord/Tenant 800-422-7128
 Medicare Fraud Spotters 800-488-2596
 Office of the Commissioner of Insurance 800-236-8517
 Ombudsman Disability/CHP/IRIS
 (Nursing Home Complaints) & 60+ 800-815-0015
 Disability Rights of WI 800-928-8778 or 800-708-3034

Financial Assistance

ARC, River Falls 715-338-0755
 Food Stamps - WI Food Share 888-283-0012
 Fuel Assistance 715-273-6788
 iLife 888-958-7695

Financial/Legal/Advocacy (continued)

Lutheran Social Services/Superior, WI 888-607-6775
Medical Assistance (Medicaid) 715-273-6788
Medicare 800-447-8477
Mortgage Programs 715-273-6780
National Multiple Sclerosis Society, Upper Midwest Chapter ... 612-335-7900
Prescription Drug Assistance Program 715-273-6780
Rep Payee - House Calls. - Menomonie, WI 715-232-6475
Rep Payee - RP Services of WI, Inc. - Arkansaw, WI 715-285-5020
Rep Payee - Payee Services, Inc. - Menomonie, WI..... 715-233-0203
Salvation Army/Prescott, WI 715-262-5000
Salvation Army/River Falls, WI 715-307-7750
Salvation Army/Ellsworth, WI 715-307-7750
Social Security and SSI 866-815-2924
SeniorCare
Prescription Drug Program 800-657-2038 or 715-273-6780
Upper Midwest Pension Rights Project
(Help with finding lost pensions) 800-488-2596
Wisconsin Department of Revenue - Eau Claire 715-836-2811

Guardianship Assistance

ARC of Menomonie 715-235-7373
Corporate Guardians 920-553-8780
Guardian Support Center 855-409-9410
Guardianship Helpline 855-409-9410
House Calls (Menomonie) 715-232-6475
Mississippi Valley Guardians 715-273-6628
Payee Services 715-233-0203
Wisconsin Guardianship Service, Inc. 715-273-5072

Insurance Information

Benefit Specialist/ADRC of Pierce County 715-273-6780
Medigap Hotline 800-242-1060
Office of the Commissioner of Insurance 800-236-8517

Legal Assistance

Lawyer Referral Service 800-362-9082
Modest Means Referral 888-529-7599
Wisconsin Judicare 800-472-1638

Taxes

AARP Assistance Filing Income Taxes
or Homestead Credit 715-273-6780
Federal Taxes/Internal Revenue Service 800-829-1040
Property Tax Deferral Program 800-755-7835
Wisconsin Dept. of Revenue - Eau Claire, WI 715-836-2811

Veterans Services

Pierce County Veterans Service Office 715-273-6753
Veterans Assistance Foundation Inc 866-823-8387

Food and Nutrition

Food Pantries

Elmwood Food Pantry 715-639-2307
Pierce County Food Pantry 715-273-2070
Plum City Food Pantry 715-647-2191
Prescott Area Food Shelf 715-262-4143
River Falls Food Shelf 715-425-6880
Spring Valley Community Food Pantry 715-778-5988

Mobile Food Pantries

Bay City - American Legion on W. Main Street
4th Thursdays, 11 am-6 pm

Home Delivered Meals

ADRC of Pierce County (Regular Meals & Ensure Plus) . 715-273-6780

Nutrition Education & Counseling

Pierce County Public Health 715-273-6755
UW Extension Pierce County 715-273-3531

60+ Senior Dining (Hot Meals)

For general information call: 715-273-6780

Bay City Village Hall, W6391 Main St.
serving Tuesday & Thursday, 12:00-1:00 715-594-3639
Ellsworth, 312 W. Main St. (activities only)
Monday - Thursday..... 715-273-5873

Plum City Senior Center, 505 Main St.
serving Monday & Wednesday 12:00-1:00 715-647-2375
Prescott Watertower Apts., 1531 James St.
serving Monday - Friday, 11:30-12:30 715-262-5195
River Falls Senior Center, 119 Union Street
serving Monday - Friday 11:30-12:30 715-425-9932
Sneakers, Spring Valley Senior Center, S119 McKay St.
serving Tuesday – Friday 11:00 – 1:00 715-778-4200

Funeral Homes and Cremation Society

Funeral Homes
Bakken-Young Funeral
Cremation Services, River Falls, WI..... 715-425-8788
Kehr Funeral Home/Spring Valley, WI 715-778-5501
O’Connell – Benedict Funeral Home/Ellsworth WI 715-273-4421
O’Connell –Benedict Funeral Home/River Falls, WI 715-425-5644
O’Connell – Benedict Funeral Home/Prescott, WI 715-262-5404
Rhiel’s Funeral Service/Elmwood, WI 715-639-2551

Cremation Society
Cremation Society of Minnesota/Minneapolis, MN 612-825-2435
Cremation Society of Wisconsin/Eau Claire, WI 715-834-6411

Hearing Impairment

Information, Support, Assistive Devices
ADRC of Pierce County 715-273-6780
Center for Independent Living - Menomonie, WI 800-228-3287
National Hearing Aid Helpline 800-521-5247
Pierce County Sheriff’s Office.....TTY: 715-273-5051
TEPP Program 608-231-3305
Wisconsin Bureau for the Deaf
& Hearing Impaired.....TTY: 888-701-1254
or 715-836-2107
Wisconsin Telephone Relay System Voice: 800-947-6644
or ASCII: 800-272-1773

Local telephone companies can provide help with assistive devices

Housing and Home Modifications/Repairs

Assisted Living (Services Vary)
Assisted Living of Durand - Durand, WI 715-672-3936
Comforts of Home - River Falls, WI 715-426-4924
Deer Crest Senior Living - Red Wing, MN 651-267-5444
Our House Assisted Living - River Falls, WI 715-426-0151
Potter Ridge - Red Wing, MN 651-388-1546
Preferred Senior Living, Ellsworth, WI 715-273-6600
Safe Haven Adult Assisted Living - Boyceville, WI 715-977-1828
The Seasons - Plum City, WI 715-647-2169
Valley Villas - Spring Valley, WI 715-778-5535
Welcome Home – Elmwood, WI 715-639-3400
WellHaven - River Falls, WI 715-425-8085

Home/Share/Homeless Shelters
Grace Place-New Richmond, WI 715-247-2944
House of Charity, Minneapolis, MN 612-594-2000
Our Neighbors' Place Day Center, River Falls, WI 715-426-9000
Serenity Home-Balsam Lake, WI 715-485-1221
Stepping Stones, Menomonie, WI 715-235-2920
Turning Point, River Falls, WI. 715-425-6751
Union Gospel Mission-St. Paul, MN 651-228-1800
WestCap 800-606-9227

Nursing Homes
Atrium Post Acute Care of Ellsworth 715-273-5821
Grace Healthcare (formerly Kinnic Health & Rehab) 715-426-6000
Heritage of Elmwood - Elmwood, WI 715-639-2911

Plum City Care Center - Plum City, WI 715-647-2401
Prescott Nursing & Rehab Community - Prescott, WI 715-262-5661
Spring Valley Health Care Center - Spring Valley, WI 715-778-5545

Repairs and Modifications
Beyond Barriers, Forest Lake, MN 651-462-3444
Center for Independent Living 715-233-1070
Check Box Cleaning and More..... 715-205-9648
Honey Do Services 715-307-5168
Local city/village governments “Block Grants.”
Local telephone and utility companies.
Mike Truesdell (Handyman) 651-410-9665
Rural Development 715-619-3138
Rural Housing 608-238-3448
Tomorrows Home Foundation -
Help for Mobile Home Repairs 608-255-1088
WestCap Glenwood City, WI 800-606-9227

Subsidized Housing Units (Rent is based on income)
ELLSWORTH:
Lee Dreyfus Manor/Ellsworth, WI 30 units (Impact 7) ... 715-651-2053
Cottages of Ellsworth/Ellsworth, WI 24 units 715-426-3660
Woodview Apts./Ellsworth, WI
24 units (Landmark Co.) 800-924-3256 or 715-834-3411
Meadowcrest Apts./Ellsworth 715-834-3411
Trillium Green Townhomes/Ellsworth,WI
24 units (WestCap) 800-606-9227
High Point Meadow/Ellsworth, WI 24 units 715-246-4605
Crossing Meadows/Ellsworth, WI 715-273-5990

RIVER FALLS:
OakPark/River Falls, WI 25 units 715-425-7640
Briarwood Apts./River Falls, WI 32 units 715-425-7640
Edgewater Apts./River Falls, WI 45 units 715-425-7640
River Falls Terrace Apts./River Falls, WI 1,2,3, Bedroom
32 Family units (Elderly Accepted) Handicap Accessible ... 715-425-0251
Riverview Manor/River Falls, WI 40 units 715-425-7640
Timber Ridge Apts./River Falls, WI 42 units 715-305-2933
Windmill Place/River Falls, WI 24 units 715-425-7640

PRESCOTT:
St. Croix Manor/Prescott, WI 24 units 715-425-7640
Valley View Apts./Prescott, WI 715-834-3411
Watertower Apts./Prescott, WI 24 units 715-425-7640
Villas by Mary T./Prescott, WI 24 units 800-844-5123

SPRING VALLEY:
Valley Chalet Apts./Spring Valley, WI 16 units 800-924-3256
Woodland Apts./Spring Valley, WI 12 units 715-778-5938
Cottages of Spring Valley, WI 16 units 715-778-4609

PLUM CITY:
Brookview/Plum City, WI
12 & 6 units (Landmark Co.) 800-924-3256 or 715-834-3411

ELLMWOOD:
Glen Door Apartments/Elmwood Senior Housing 715-246-4605
Ridgeview Apts./Elmwood, WI
9 units (Landmark Co.) 800-924-3256 or 715-834-3411

RED WING:
Red Wing Housing/Jordan Towers 651-388-7571

HUDSON:
Hudson Housing Authority 715-386-5301

Subsidized Rent Vouchers
River Falls Housing Authority 715-425-7640
WestCap Glenwood City, WI 800-606-9227 or 715-265-4271

In-Home Services

Chores/Supportive Home Care/In-Home Respite
Because There’s No Place Like Home 715-706-1112
Check Box Cleaning and More..... 715-205-9648
Comfort Keepers - Hudson, WI 715-381-6730

Hiawatha Home Care - Red Wing, MN 651-388-2223
Home Instead Senior Care 866-689-0023
Honey Dew Services, Chuck Foy 715-273-5745
Interim - Hudson, WI 715-377-9617
International Quality Home Care - River Falls, WI 866-258-4742
Morning Glory Home Care 651-493-1251
Peaceful Living - Hudson, WI 715-386-7071
Serenity Care Agency - Boyceville, WI..... 715-308-3800
Serving Hands..... 715-307-8113
Stay at Home Senior Services - River Falls, WI 651-983-2852
St. Croix Valley Concierge..... 715-821-0894
Synergy HomeCare 715-245-7210
Touching Hearts, Hudson, WI 715-245-1944
Visiting Angels - Servicing Pierce, Pepin & Buffalo Counties . 866-713-0287

Nursing Agencies/Personal Care
Adoray Home Health & Hospice - Hudson, WI 715-629-1888
Allina Homecare & Hospice 651-635-9173
Comfort Keepers - Hudson, WI (Personal Care Only) 715-381-6730
Hiawatha Home Care - Red Wing, MN 651-338-2223
Interim - Hudson, WI 715-377-9617
Morning Glory..... 651-493-1251
Mayo Clinic Health System,
Home Health and Hospice.....Menomonie, WI: 715-235-7800
Red Wing, MN: 651-385-3410

Omni Personal Care Inc. - Wauwatosa, WI,
Serving Pierce County 414-376-5845
Peaceful Living - Hudson, WI (Personal Care Only) 715-386-7071
REM Health Inc. - Edina, MN 952-926-9808
Stay at Home Senior Services - River Falls, WI 651-983-2852
Visiting Angels - Servicing Pierce, Pepin & Buffalo Counties . 866-713-0287

Hospice Services
Adoray 800-359-0174
Allina Homecare & Hospice 651-635-9173
Heartland Hospice Care 888-633-6522
Interim Healthcare, Hudson, WI 715-377-9617
Mayo Clinic Health System Hospice -
Red Wing, MN 651-385-3410
Menomonie, WI 715-831-0100
Omni Personal Care Inc. -
Wauwatosa, WI, Serving Pierce County 414-376-5845
St. Croix Hospice 651-735-3656

Lifeline
Chippewa Valley Hospital/Durand, WI 715-672-4211
CST, Your Link to Life 888-557-4462
Fairview Lifeline/Red Wing, MN 952-885-6185
Hudson Hospital/Hudson, WI..... 715-531-6075
Life Assist USA 888-860-8098
Phillips Lifeline 800-543-3546
St. Croix Electric (contact person: Murray) 800-924-3407 or 715-796-7000
USA Medalert/Bristol, WI 262-909-3636

Family Care
Options Counselor/ADRC of Pierce County 715-273-6780

Loan Closet/Adaptive Aids
Center for Independent Living..... 1-800-228-3287 or 715-233-1070
See also “Hearing Impairment,” “Vision Impairment.”
Check your local telephone directory under “Hospital Equipment & Supplies.”

In-Home Medical Equipment
Apria Health Care - Eau Claire, WI 800-289-8700
Corner Medical - Red Wing, MN 651-267-2414
Freeman Drug - River Falls, WI 715-425-2255
Handi Medical Supply - St. Paul, MN 800-514-9979
Home Medical Equipment Center - Menomonie, WI 800-235-0900
Jackson Medical Equipment - St. Paul, MN 651-645-6221
Lincare, Inc. - Red Wing, MN 651-388-0722 or 800-657-4745
New Motion - Eau Claire, WI ... 715-552-3711
Spring Valley Drug - Spring, WI (Wheelchair Rentals) 715-778-5684