

River Falls Area Nutrition Program

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1)Crispy Fish W/ Lemon Baked Potato Green Beans Bread Slice Chef's Choice Fruit *Dessert*
4) Labor Day!!	5)Ham Loaf Rice Pilaf W/ Mushrooms Island Blend Dinner Roll Chef's Choice Fruit *Dessert*	6)Swedish Meatballs Buttered Noodles 5 Way Blend Breadslice Chef's Choice fruit *Dessert*	7)Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Egg Roll Chef's Choice Fruit *Dessert*	8)Lemon Baked Cod Au Gratin Coleslaw Dinner Roll Chef's Choice Fruit *Dessert*
11)Country Fried Steak Mashed Potatoes W/Gravy Country Blend Breadstick Chef's Choice Fruit *Dessert*	12)Chicken Cordon Bleu Au Gratin California Blend Breadslice Chef's Choice Fruit *Dessert*	13)Home Style Meatloaf Mashed Potatoes W/Gravy Corn Dinenr Roll Chef's Choice fruit *Dessert*	14)Lasagna Roll Ups Squash Bread stick Chef's Choice Fruit *Dessert*	15)Pollock W/Lemon Tri Tator Carrots Bread Slice Chef's Choice Fruit *Dessert*
18) Creamy Mushroom Chicken Wild Rice Island Blend Dinner Roll Chef's Choice Fruit *Dessert*	19)Pulled Pork On A Bun Pasta Salad Coleslaw Chef's Choice Fruit *Dessert*	20)Sausage/Spinach Quiche Belgian Waffle Bacon/Ham Tator Tots Chef's Choice fruit *Dessert*	21)Bacon Cheeseburger Potato Salad Baked Beans Chef's Choice Fruit *Dessert*	22)Shrimp Scampi Fettuccini Noodles California Blend Breadstick Chef's Choice Fruit *Dessert*
25)Smothered Steak Mashed Potatoes W/Gravy Winter Blend Dinner Roll Chef's Choice Fruit *Dessert*	26)Spaghetti W/Meat Sauce California Blend Garlic Bread Chef's Choice Fruit *Dessert*	27)Oven Fried Chicken Mashed Potatoes W/Gravy Green Beans Dinenr Roll Chef's Choice fruit *Dessert*	28)Smothered Pork Chops Wild Rice Island Blend Bread Slice Chef's Choice Fruit *Dessert*	29)Beer Battered Fish Baked Potato Fresh Asparagus Chef's Choice Fruit *Dessert*